

**CORE POWER**  
**IRONMAN**  
**70.3**  **LUBBOCK**  
**TRIATHLON FESTIVAL**

**Thank you for your participation. Without you we would have no event!!**

Welcome as a participant to the 30th annual IRONMAN 70.3 Lubbock Triathlon Festival. This is your official confirmation that your entry has been received and accepted. Our goal is to have a safe, fun, well organized event for everyone. Please read over this information very carefully and contact us if you have any questions.

**HOST HOTEL:** [MCM Elegante](#) 801 Ave Q, Lubbock, TX 79401 806-763-1200.

You can make reservations online [using this link](#).

**FRIDAY, JUNE 28, 2019**

START	END	EVENT	LOCATION
3 PM	7 PM	Athlete Check-In	<a href="#">Lubbock Memorial Civic Center</a>
3 PM	7 PM	IRONMAN Village	<a href="#">Lubbock Memorial Civic Center</a>
3 PM	7 PM	PLAYTRI & Tech Service Center	<a href="#">Lubbock Memorial Civic Center</a>
3 PM	7 PM	Official IRONMAN Store	<a href="#">Lubbock Memorial Civic Center</a>
3 PM	7 PM	Information Tent	<a href="#">Lubbock Memorial Civic Center</a>
3 PM	7 PM	VIP Spectator Credential Pick-Up	<a href="#">Lubbock Memorial Civic Center</a>

**SATURDAY, JUNE 29, 2019**

START	END	EVENT	LOCATION
5:30 AM	6:30 AM	Transition Area Kids/Sprint/Olympic Tri Festival	Transition - Dunbar Lake
7 AM		KIDS TRI Race Start	Transition - Dunbar Lake
8 AM		OLYMPIC TRI Race Start	Transition - Dunbar Lake
9 AM		SPRINT TRI Race Start	Transition - Dunbar Lake
11 AM		Tri Festival Awards	

**\*\* Please plan to arrive AT LEAST 1 hour before your race start time\*\***

**SCHEDULE OF EVENTS**